



Schedule for the 18th HaMaccabiah Karate Competitions

Dear friends and guests, please see below the schedule for the 18th HaMaccabiah Karate Competitions:

Tuesday 14/7/09

- 15:00-16:45: Registration of competitors according to categories; weighing of all competitors - local & guests (place still unknown).
17:30-19:00: General briefing of all instructors/coaches and referees/judges of all delegations; executing matches raffle (place still unknown).

Wednesday 15/7/09

- 09:00-09:30: Arrival at competition hall – gathering and preparations.
09:30-10:30: Kata Cadets & Juniors (Female & Male).
10:30-11:20: Kata Seniors (age 18+, Female & Male).
11:30-13:15: Kumite Cadets & Juniors (Female & Male).
13:30-14:00: Kumite Male Seniors: -84 kg, +84 kg.
14:00-14:45: **Recess.**
15:00-15:45: **Official Opening of the Karate Competitions:** entrance of delegations, greetings and artistic performances.
15:50-16:30: Kumite Cadets & Juniors (Female & Male) – Finals & Granting Medals.
16:45-17:00: Team Kata (Female & Male); Granting Medals to all Kata Categories.
17:15-17:40: Kumite Male Senior: -84 kg, +84 kg - Granting Medals, and Conclusion of first competitions' day.

Thursday 16/7/09

- 09:00-09:30: Arrival at competition hall and preparations.
09:30-12:30: Kumite Seniors (Female & Male): all remaining categories.
12:40-14:50: Team Kumite (Female & Male).
15:00-15:45: Kumite Male Seniors: open weight category.
15:50: Granting Medals, "HaTikva", and Conclusion of the Karate Competitions.

Good Luck to us all,
Shihan Shalom Avitan
President of the Israel Karate Federation